

Cancer Center Patient Navigation Program Fact Sheet for Patients & Physicians

Cancer Center Patient Navigation Program at New York Hospital Queens

Whether an individual faces a possible cancer diagnosis, or has been diagnosed with cancer, it is very stressful. Beyond questions and concerns about the disease, questions may arise such as "what do I do next?," "how am I going to get to my appointment?," and "how am I going to pay for this?" The good news is New York Hospital Queens offers a <u>free</u> service — via the Cancer Center Patient Navigation Program — to answer these questions, and provide solutions and guidance to our patients during their cancer care experience.

"Navigate" means to follow a planned path. Our Cancer Center Patient Navigators (CCPN) help patients through their path of care — from screenings, to treatment and follow-up care, and even dealing with a remission. At any point on their path of care, an individual may receive assistance from a CCPN.

How Can a Cancer Center Patient Navigator Help Me?

CCPNs can help you:

- Learn more about the importance of timely screenings
- · Access health insurance or low cost screenings
- Alleviate fear and misinformation about cancer
- Understand diagnosis and treatment options
- Communicate with and obtain medical information from doctors
- Actively participate in your treatment
- Reduce anxiety regarding financial matters
- Arrange transportation to and from treatment
- Arrange alternate child care while parent receives treatment
- Learn how to reduce risks and side-effects of surgery, chemotherapy and radiation therapy
- Access important services in addition to cancer treatment, such as nutrition, physical therapy, psychological support, support groups and pain management
- Find help to quit smoking

When should I contact a Cancer Center Patient Navigator?

An individual can contact a CCPN at <u>any</u> point on the path of care. *Please note, this program is available at no cost to individuals who use NYHQ cancer services.*

How do I contact a Cancer Center Patient Navigator?

To talk with a CCPN, speak to your doctor/nurse or contact our Cancer Center Navigation Program, at 718-670-1595. Interpreter services are available.

For more information, visit: www.nyhq.org