

Today is the day to schedule a medical examination that could save your life.

A colonoscopy may help you to prevent colon cancer.

- A colonoscopy is an examination that is used to check for polyps (growths) in the colon.
- If left undetected, polyps can lead to colon cancer. So, it is important to find polyps early, and remove them before they can turn cancerous.
- A colonoscopy can detect 95% of early colon cancers
- Our experienced, caring and compassionate physicians handle all examinations with your comfort in mind.

Consider the benefits of a colonoscopy if you:

- Are age 50 years or older (age 45 or older for African Americans) as recommended by The American Society for Gastroenterology.
- Have a family history of colon cancer.

Colonoscopy procedures are covered by most insurance.

For more information or to schedule a colonoscopy, please contact a **NYHQ Patient Navigator**. Our job is to help you schedule and prepare for this important medical examination.

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