



The
Silvercrest
Center
for nursing
and rehabilitation

Giving Quality to Life

extended care

Building a New Life



The Silvercrest Center for Nursing and Rehabilitation is a unique center of excellence, dedicated to enhancing the quality of life for all the residents we serve. We provide skilled nursing, residential care to older and younger adults with complex healthcare needs, people who need rehabilitation before returning home to live an independent life, ventilator-dependent patients, and people coping with dementia.

Hospitals are designed for patients who have serious and immediate medical problems that can only be treated in a hospital. The extended-care services of Silvercrest provide an alternative for those people who do not need a hospital's acute medical services, but for whom living at home is no longer an option because of their complex and chronic healthcare needs. Many of these residents are older adults, but a significant number are younger people coping with debilitating conditions like multiple sclerosis.

Whatever brings our extended-care residents to Silvercrest, they have one thing in common: A desire to build a new life, full of quality, function and joy. To help make that possible, we provide:

- ◆ Bright, comfortable surroundings and lovely outdoor gardens.
- ◆ The support of a nurturing staff and a spirit of intergenerational friendship among all the residents.
- ◆ An extensive roster of recreational pursuits.
- ◆ Access to computers, the Internet and email.



- ◆ A family approach that emphasizes and encourages these essential bonds through parties, club meetings and ongoing communication with social workers and other staff members.
- ◆ Necessary medical and nursing therapies, including intravenous therapy, diabetes care and wound care.
- ◆ Non-invasive ventilation for treatment of sleep-disordered breathing.
- ◆ Ongoing rehabilitative care to increase and maintain everyday functioning, including physical and occupational therapy and speech-language pathology. Augmentative communication devices, specialized swallowing rehabilitation and audiology consults are also available as indicated.

Extended-care residents are encouraged to expand their interests. Many classes, trips and events are offered and there is ample opportunity to exercise, socialize, worship and learn. On-site niceties like a beauty parlor enhance the convenience of daily life. The residents in our extended-care program are “residents” in the truest sense—they are meeting the challenges of building a new life.

All residents at Silvercrest benefit from our goal to not be just a *good* facility, but a truly *great* center of excellence. The NewYork-Presbyterian Healthcare System is one of the finest in the world, our Board is committed, our administration is disciplined, and our staff members are completely dedicated to our goal—Giving Quality to Life for each and every one of our residents.



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