New York Hospital Queens wants you and your family to be safe when taking medications!

Keeping an accurate and complete list of prescription and non-prescription medicines is critical to your health. Every time you receive a new prescription from a doctor, clinic, or hospital, use the attached form to write down the name and use of the medication. This will help doctors and nurses understand what medications you take and allow them to avoid giving you a new prescription that might not work well with your current medicines.

New York Hospital Queens wants you to have this personal medications list to carry with you at all times. By having the personal medications list handy, it will be easier for you to tell your doctors, or others, about your medications. You will not have to rely on memory to make sure they know all the medications you are currently taking.

Easy steps to improving your medication safety:

- 1. Always keep "Your Personal Medication List" with you. Your wallet is a good place.
- 2. Take the list to ALL visits to a doctor, and for ALL medical testing (x-rays, blood tests, MRI, CT, etc.) and ALL hospital visits.
- 3. Update the list as changes are made to your medications. If you stop taking a medication, draw a line through the entry and record the date you stopped. If you need help, ask your doctor, nurse, pharmacist or loved one to help you fill out the list. It is important to update your list with any changes.
- **4.** If you are discharged from the hospital, your doctor will review your medications with you, and explain if the new prescriptions should replace your prescriptions at home.
- 5. Tell your loved ones where you keep this list, in case they need to find it in an emergency.
- 6. In Case of Emergency (ICE) Contacts It is important to always carry at least three emergency contact names in case of emergency.

In case of emergency, call 911
Private Ambulance Service 718-670-2222

BOOTH MEMARE

Expertise you trust. Service you deserve.



New York Hospital Queens

56-45 Main Street Flushing, New York 11355 718-670-1231 nyhq.org

My Personal MIEDICATION LIST Name: Address: Phone Number:	ns 1	pital Queen Street York 11355 -1231 Org ency, call 91 ance Service -2222	New York Hospital Queens 56-45 Main Street Flushing, New York 11355 718-670-1231 nyhq.org In case of emergency, call 911 Private Ambulance Service 718-670-2222 Expertise you trust.	Doctor: Phone Number: Pharmacy: Allergies: Important Medical Conditions: Last Immunization Date:	Is list Is list Fill out and always our doctors, pecialists. I over-the- rin and dietary medies you ou only take	Tys keep the With you! With you! usion and save time all medication list and you. Share it with you and other medical so our prescription and dicines (such as aspess well as any herbs, so or homeopathic reclude medications you could be needed.	Altways keep this list with you! Avoid confusion and save time! Fill out your personal medication list and always carry it with you. Share it with your doctors, pharmacist and other medical specialists. List all of your prescription and over-the- counter medicines (such as aspirin and vitamins), as well as any herbs, dietary supplements or homeopathic remedies you may use. Include medications you only take
Medicines (Including all non-prescription medicines, aspirin & vitamins, supplements)	Dose (Mg, units, drops)	Times taken per day	Reason for taking	Medicines (Including all non-prescription medicines, aspirin & vitamins, supplements)	Dose (Mg, units, drops)	Times taken per day	Reason for taking

your medications.

Update your list as changes are made to

inhalers, patches, creams, eye drops, etc.

Pneumonia Vaccine:

Hepatitis Vaccine: Influenza Vaccine:

wember

NewYork-Presbyterian Healthcare System

Affiliate: Well Medical College of Cornell University

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(name, phone) (name, phone) (name, phone)