## Supporting Your Quality of Life

Welcome to the Trude Weishaupt Memorial Satellite Dialysis Center. We are one of the leading dialysis centers in the United States, located in Queens, New York.

The Center is run by New York Hospital Queens, a community teaching hospital that is a member of the NewYork-Presbyterian Healthcare System. We are also affiliated with the Weill Medical College of Cornell University.

Treatment for kidney disease can be difficult for most people. That's why we work hard to make it easier and more comfortable for our patients, so they can live as normal a life as possible.

Since we opened in 1976, our Center has provided thousands of patients with hemodialysis and home peritoneal dialysis treatment.

"Hemodialysis" is a treatment that uses special equipment, called a dialysis machine, to help purify your blood. "Home peritoneal" dialysis is a special procedure involving the abdominal cavity which can be performed safely and conveniently in the comfort of your own home.

Both of these treatments help you lead a more independent life. We pride ourselves on assisting and encouraging our patients to achieve optimal self-care, independence and an active lifestyle.

### Convenient Hours

We are open Monday through Saturday, from 5 a.m. to midnight. Our staff is on call 24 hours a day, seven days a week.

# Transportation Assistance

The Trude Weishaupt Memorial Satellite Dialysis Center can assist you with setting up long-distance travel, home health care and much more. Just ask us how we can help.

# Our Staff

- Chaim Charytan, MD, FACP Medical Director
- Joan Arslanian, RN, MSN, FNP, CS, CNN Clinical Director/Nurse Practitioner
- Sang Kim, RN, CNN Nurse Manager/CAPD

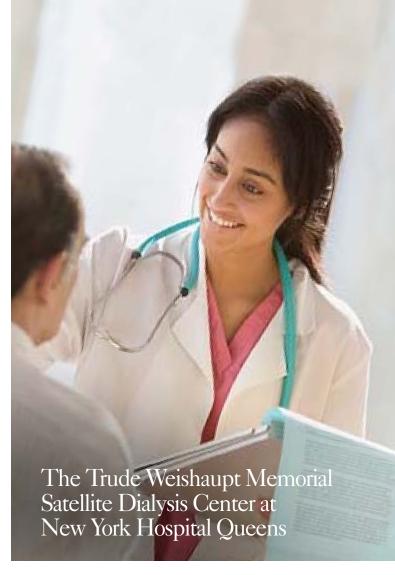
The Trude Weishaupt Memorial Satellite Dialysis Center

59-28 174th Street Fresh Meadows, NY 11365 718-670-1276 718-357-9278 (Fax) nyhq.org/weisCtr.html



Expertise you trust. Service you deserve.





A Guide to Dialysis Services



Member

→ NewYork-Presbyterian Healthcare System

→ Affiliate: Weill Medical College of Cornell University

☐ NewYork-Presbyterian Healthcare System
☐ Affiliate: Weill Medical College of Cornell University



Expertise
and
Outstanding
Results

Our Center is staffed by doctors and nurses who are experts in internal medicine and Nephrology (kidney treatment). The staff includes senior members of New York Hospital Queens' Nephrology Division.

Our doctors are at the Center every day. They also have regular office hours a short distance from the Center, at New York Hospital Queens.

We are very proud of the results we help our patients achieve. Our doctors are involved in research to improve dialysis and kidney treatment and we strive to bring the results of this research into the daily care of our patients.

According to the latest studies, the survival rate of our patients is 32% higher than average. Compared to average facilities, our patients are also admitted to the hospital less often, and have lower rates of infection. In addition, we are more successful than most facilities in limiting the use of catheters in the treatment process. Instead, our goal is to treat as many of our patients as possible through AV fistulas. This method, which uses the patient's own blood vessels, is the one most often recommended by the Centers of Medicare and Medicaid Services.

# Caring Service

In addition to outstanding results, we are committed to providing you with caring service. Our promise to our patients and their families is that they will always be treated with compassion, respect and dignity.

We offer a team approach to patients' care. The team provides medical, nursing, technical and psychosocial support. All of these people work together to help you improve your health and well-being.

At the Trude Weishaupt Memorial Satellite Dialysis Center, we do not only treat your kidney disease, we work with you to help you lead a healthier and more satisfying life.

### Special Treatment Plans

When you come to our Center, we will create a treatment plan that meets your specific needs. This sometimes includes oxygen therapy and blood-volume monitoring.

Our goal is to help you enjoy many activities, including work, travel, recreation and physical fitness.

In addition to standard in-center hemodialysis, we offer in-home dialysis through our peritoneal dialysis program.

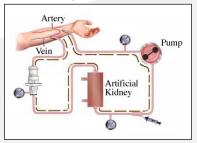
#### **Peritoneal Dialysis**

The Trude Weishaupt Memorial Satellite Dialysis Center has one of the nation's largest home peritoneal dialysis programs. With this type of dialysis, patients are able to safely and conveniently treat themselves in the comfort of their home. Patients who choose and successfully perform this treatment gain an additional level of independence and do not have to adjust their lifestyle to a relatively fixed in-center hemodialysis schedule.

We provide several types of peritoneal dialysis, CAPD, CCPD and other related treatments, which we tailor to each patient's personal and family situation.

The peritoneal dialysis program has a dedicated set of nurses who provide dialysis and self-care training to our patients. They also provide ongoing support and follow up once patients start self-treatment at home.

#### Hemodialysis



#### **Peritoneal Dialysis**



## Transplantation

Many of our patients have undergone successful transplantation – the ultimate treatment for end stage renal disease (ESRD.) If necessary, we refer patients to a number of high-quality transplant programs.

## Comfort and Care

Our Center is a large, well-lit and clean facility with state-of-the-art dialysis and monitoring equipment. Each of our 29 stations has a fully reclining chair and personal TV. Cable and closed-caption programming are available. We also offer an in-center VCR and DVD for your education and entertainment.

### Treatment Education

The Center offers Pre-ESRD education classes to community residents on a monthly basis. Classes help educate and prepare individuals and their families to choose a form of chronic renal replacement therapy that they will need at some point in time.

