

# CLINICS

## HAND AND UPPER EXTREMITY SERVICES

Phone: 718-670-2558

The department's hand and upper extremity surgeons provide care to the diverse needs of our community. One of the primary goals of the clinic is to identify and treat many traumatic hand and upper extremity injuries that are sustained from cuts, fractures, infections, burns, or crushes, and most of these injuries are better managed under the expertise of our hand specialists. We provide specialty care for sprains, tendonitis, arthritis and other overuse syndromes that involve the elbow, wrist, and hands. We treat patients of all ages and our specialists are qualified to diagnose and treat rare conditions such as tumors, cysts or congenital deformities that are seen in newborns, toddlers, children or young teens. Highly skilled orthopaedic physician assistants staff our clinics as well as orthopaedic surgical residents, who are some of the most highly sought-after medically trained graduates in the country.

*Days/times of the month services offered:*

Every Tuesday morning of the month

*Physician in attendance:* I. Daniel Roger, M.D.

## TRAUMA AND FRACTURE SERVICES

Phone: 718-670-2558

New York Hospital Queens is a Level 1 trauma center servicing the Queens community. Orthopaedic surgeons and rotating orthopaedic residents care for patients with severe fractures, pelvic and acetabular fractures, femoral fractures, nonunions (bones that do not heal), osteomyelitis (infection of the bone), multiple injuries, isolated fractures and other orthopaedic problems. At the time of your visit, depending on the severity of the fracture, your physician may treat the injury nonsurgically; for instance, by using splints, casts, braces, or other devices on the outside of the injury to stabilize the fracture.

*Days/times of the month services offered:*

Every Wednesday morning of the month

*Physician in attendance:* Alexander Golant, M.D.,  
Elan Goldwyn, M.D., Tony Quach, M.D., Jeffrey E. Rosen, M.D.

# FACT SHEET

For your patients' convenience, the Department of Orthopaedics and Rehabilitation also offers services at our clinics throughout the borough. Please call 718-670-2558 to confirm details about these services.

## THE BONE AND JOINT HOSPITAL OF QUEENS

A higher level of Orthopaedic and Rehabilitative care.

*Expertise you trust.  
Service you deserve.*



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NewYork-Presbyterian  
Healthcare System

affiliate: Weill Cornell Medical College

New  
York  
Hospital  
Queens

## CLINICS FACT SHEET (CONTINUED)

### SPORTS MEDICINE & ARTHROSCOPIC SURGERY SERVICES

*Phone:* 718-670-2558

The sports medicine service provides advice for active patients regarding exercises that improve strength, endurance and flexibility. The service provides fitness testing along with nutritional advice as a complement to the surgical services delivered to those with sports injuries. Injured patients are treated by surgeons and therapists to maximize recovery and return to activity.

Physicians at New York Hospital Queens utilize arthroscopic (small-incision) surgery to offer the most advanced surgical care available for problems of the shoulder, knee, hand and ankle. The department is pioneering techniques that provide an effective alternative to traditional open surgery. These new techniques often result in immediate relief from pain, less trauma to tissues and shorter recovery time.

*Days/times of the month services offered:*

Every Wednesday afternoon of the month

*Physician in attendance:* Alexander Golant, M.D.,  
Tony Quach, M.D., Jeffrey E. Rosen, M.D.

### ORTHOPAEDIC SPINE SERVICES

*Phone:* 718-670-2558

The board certified orthopaedic surgeons on the orthopaedic spine service bring their in-depth experience to the NYHQ community, allowing us to bring the most modern and effective approaches to our patients. Our orthopaedic spine team is designed to work with patients and their families on innovative approaches to diagnosis, treatment, research and patient education to improve patient quality of life. In our approach, we reasonably and effectively treat the full range of spinal conditions in as minimally invasive a fashion as possible. When indicated, spine surgery includes a group of surgical procedures that correct injuries and disease of the spinal cord to relieve pain and restore function for patients. These procedures most often correct conditions of the neck and lower back, and are usually effective in helping patients restore range of motion and fluid movement to the treated area.

*Days/times of the month services offered:*

1st and 3rd Thursday afternoons of the month

*Physician in attendance:* Yong Hun Kim, M.D.

### TOTAL JOINT ARTHROPLASTY SERVICES

*Phone:* 718-670-2558

New York Hospital Queens performs more joint replacements than any other hospital in Queens. The department offers expertise in hip, knee, shoulder and elbow replacement. New refinements in technique and technology have made these procedures especially beneficial to patients with severely damaged joints. The use of state-of-the-art regional anesthesia allows the department to offer care to many patients who have cardiac and pulmonary problems and may be turned away elsewhere.

*Days/times of the month services offered:*

1st, 3rd, 5th Friday afternoons of the month

Every Friday morning of the month

*Physician in attendance:* Walter Besser, M.D.,  
Peteris Dzenis, M.D.

### PHYSICAL MEDICINE & REHABILITATION SERVICES

*Phone:* 718-670-2558

The New York Hospital Queens Department of Orthopaedics & Rehabilitation also includes physiatrists. Physical medicine and rehabilitation (PM&R) specialists, or physiatrists, are physicians concerned and trained in the diagnosis, evaluation and management of persons with physical disability. Physiatrists treat a wide range of problems from back pain to shoulder and spinal cord injuries. They specialize in restoring function to people.

Our PM&R outpatient services offers options for patients suffering from chronic pain who have not responded to previous treatments. Physiatrists improve the quality of patients' lives by incorporating exercise-based rehabilitation and pain management into the nonoperative treatment of a variety of injuries and disorders. During these clinics, we also offer EMG/nerve conduction studies and epidural injections, if appropriate.

*Days/times of the month services offered:*

Every Tuesday of the month

*Physician in attendance:* Richard Gasalberti, M.D.