## Theresa and Eugene M. Lang Center for Research and Education

## Residents and Fellows Research Day Keynote Speaker 2008

Profile appears as written in the year of publication, with edits to fit space.



Carlos A. Camargo, M.D., M.P.H., Dr.P.H.

"Advice for Those Embarking on a
Clinical Research Career"

Dr. Camargo is Associate Professor of Medicine and Epidemiology at Harvard Medical School, attending physician in emergency medicine at Massachusetts General Hospital, and senior scientist in emergency medicine at Beth Israel Deaconess Medical Center. He has appointments at all major Harvard teaching hospitals.

In his keynote address, Dr. Camargo will discuss patient-centered (clinical) research and, using personal examples, describe how one goes from a clinical observation to a research idea. He will also discuss the characteristics of a clinical researcher, using personal stories to illustrate key points. His own research focuses on nutrition and asthma/COPD in several large cohorts, such as the Nurses Health Study.

A graduate of Stanford University, where he received departmental honors, Dr. Camargo earned his M.P.H. in epidemiology at the University of California/Berkeley, his M.D. at the University of California/San Francisco, and his Dr.P.H. in epidemiology at Harvard University.

He served an internship and residency in medicine at Massachusetts General Hospital, a clinical fellowship in medicine at Harvard Medical School, and research fellowships in medicine at Brigham and Women's Hospital, Boston, and Harvard Medical School.

For the past decade, his primary area of research has been obstructive airway diseases. He is studying the causes of asthma and chronic obstructive pulmonary disease (COPD) in several large cohorts including the 240,000 women in the Nurses Health Study, the 50,000 men in the Health Professionals Follow-Up Study, as well as other studies with children and newborns.

Dr. Camargo is Past President of the American College of Epidemiology. Among many other professional activities, he also served on the 2005 U.S. Dietary Guidelines Advisory Committee and on the NIH National Asthma Education and Prevention Program's Third Expert Panel – the group that wrote the 2007 U.S. asthma guidelines.

He has served on the editorial boards of a number of professional journals, including Allergy & Asthma Today and Annals of Emergency Medicine and has been a peer reviewer for more than 40 medical journals including JAMA and the New England Journal of Medicine. He is the author or coauthor of more than 300 articles and books.

He has been named a fellow of the American Academy of Allergy, Asthma and Immunology; American College of Chest Physicians; American College of Emergency Physicians; American College of Epidemiology; and the American College of Physicians

