

## NEW YORK HOSPITAL QUEENS CAFETERIA

Week of August 8, 2011

## Wellness and You!

"A Taste of Nutrition"

Wednesday, August 24, 2011 11:30 a.m. to 2:30 p.m.

Vendors who supply our foods will be offering a free taste test of nutritious food items.

This is a great opportunity to learn the facts about the products.

Human Resources also plans to feature the NYHQ Wellness programs.

## **Managers**

**Day Manager** Ray Franqui x1252

Catering Manager Bill Ward

<u>Chef</u> Executive Chef

Jerry D'Amico

## Monday

Deli:

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Soup:	Beef Barley Split Pea with Ham	$1.35 \\ 1.35$
$\operatorname{Grill}$ :	Asian Chicken Wrap	4.09
Entree:	Chicken Piccata Saute	3.25
	Caribbean Spiced Pork with Lime Sauce	3.84
Deli:	Beef & Blue Baguette	4.19
Tuesd	ay	
Soup:	Italian Wedding	1.35
	Minestrone -	1.35
$\operatorname{Grill}$ :	Arizona Prairie Chicken Sandwich	4.09
Entree:	Beef Stew	3.25
	Artichokes, Olive & Rice Paella	3.25
Deli:	Italian Sub	4.19
Wedne	esday	
Soup:	Potato, Leek & Cheddar Gratin	1.35
1	Six Bean	1.35
Grill:	Blue Cheese Turkey Burger	4.09
Entree:	Red Fish with Cilantro & Lime	4.34
	Gorgonzola Stuffed Chicken Breast	3.54
Deli:	Cold Cut Combo	4.19
Thurs	day	
Soup:	Canadian Cheese	1.35
·······································	Golden Turkey Rice Salad	1.35
$\operatorname{Grill}$ :	Grilled Turkey Melt on Sourdough	4.09
Entree:	Roasted Turkey Breast	3.25
	Beef Chimichanga	3.25
Deli:	Ham Wrap with Herb Mayonnaise	4.19
Friday	T.	
Soup:	Manhattan Clam Chowder	1.35
1	Moroccan Lentil	1.35
Grill:	Italian Sausage Sandwich	4.09
Entree:	Baked Ziti with Four Cheeses	3.25
	Lemon Garlic Grilled Tuna	4.34

Peppered Turkey with Guacamole & Tomato 4.19