

Theresa and Eugene M. Lang
Center for Research and Education

**Two NYHQ Physicians to Be Honored By the
Preeclampsia Foundation on November 12**

Phyllis August, M.D., M.P.H., and Daniel Skupski, M.D. were honored as pioneers in the field of preeclampsia on Saturday, November 12. The occasion was the seventh annual gala of the Preeclampsia Foundation, Melbourne, Florida, which was being held this year at the Hilton New York.

Preeclampsia is the sudden onset of high blood pressure and excessive protein in the urine of a pregnant woman who is beyond 20 weeks gestation. It can lead to convulsions and can be fatal for both mother and fetus.

Dr. August and Dr. Skupski was being recognized for the management of hypertensive disorders in pregnancy, for groundbreaking research, and an overwhelming dedication to the care and treatment of their patients.

In announcing the forthcoming honors, the foundation noted the following:

Dr. Phyllis August made signal discoveries two decades ago when she described hypocalcuria in preeclampsia in the New England Journal of Medicine. Since then she has continued as a leading clinical investigator in this area. She has also become one of the more renowned consultants for women with hypertensive or renal problems who desire conception, and a sought-after bedside consultant for pregnant women with renal disease and hypertension.

Dr. August is an internist who is also certified in the subspecialties of nephrology and hypertension. She is the Theresa Lang Director of the Lang Center for Research and Education at New York Hospital Queens. She is also the Ralph A. Baer, M.D. Professor of Research in Medicine at Weill Cornell Medical College, New York City. In addition, she holds professorships in the Departments of Medicine, Public Health, and Obstetrics and Gynecology at the college. Dr. August also directs the New York-Presbyterian, Weill Cornell Hypertension Center and the renal fellowship training program in nephrology at the New York-Presbyterian Cornell campus.

She has conducted research on blood pressure regulation and kidney function in pregnancy, and on the prevention and treatment of preeclampsia. She was probably the first to observe reduced urinary calcium excretion in preeclampsia, which she reported in a signal publication that appeared in the New England Journal of Medicine.

A National Institutes of Health (NIH)-funded investigator, Dr. August has also published on such timely topics as the renin-angiotensin system, calcium metabolism, and prediction and prevention of superimposed preeclampsia.

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Dr. August maintains an extremely active clinical practice focusing on hypertension and kidney disorders, and is frequently consulted to help guide women with those conditions through pregnancy. She is a world-renowned consultant in these areas.

Dr. August graduated from Harvard College, Yale Medical School, and the Harvard School of Public Health.

Dr. Daniel Skupski is a leader in the field of fetal monitoring in pregnancies complicated by hypertension and has made significant contributions to the field of Maternal-Fetal Medicine.

He is Associate Chairman and Director of Maternal-Fetal Medicine in the Department of Obstetrics and Gynecology at New York Hospital Queens, Flushing, New York. He is also a Professor of Obstetrics and Gynecology at Weill Cornell Medical College.

Dr. Skupski completed medical school at the University of Michigan, Ann Arbor, and trained in Maternal-Fetal Medicine at The New York Hospital-Cornell University Medical Center, New York City. He is Board-certified in Obstetrics and Gynecology and Maternal-Fetal Medicine.

Dr. Skupski is a member or board member of numerous national and international organizations relating to obstetric care. He is a national and international expert in the diagnosis and treatment of pregnancy complications and fetal problems, and has published extensively in both scientific journals and textbooks.

Dr. Skupski was named a Castle-Connolly Top Doctor for the New York Metropolitan Area for 2001 through 2007 and a New York Magazine Top Doctor for Maternal-Fetal Medicine from 2007 through 2011.

His research interests include ultrasound in pregnancy, hypertension in pregnancy, maternal hemorrhage, multi-fetal pregnancy, and twin-to-twin transfusion syndrome.

The Preeclampsia Foundation was established in the year 2000 to provide patient support and education, raise public awareness, encourage research and improve health care practices.

