

Residents and Fellows Research Day 2012

A Program of the Theresa and Eugene M. Lang Center
For Research and Education

May 16 Keynote Address

My Path to Becoming a Health Services Researcher in Palliative Care: From Chance Encounter to Funded Investigator

Nathan E. Goldstein, M.D., a specialist in palliative care, was keynote speaker for Residents and Fellows Research Day 2012. In an inspiring address, he described how an experience with an E.R. patient as a resident led to an ongoing interest in health services research and the opportunity to make a novel contribution. His work with advanced heart failure patients has helped to move palliative care, which had previously been focused primarily on cancer patients, into a new area.

Dr. Goldstein is an Associate Professor in the Brookdale Department of Geriatrics and Palliative Care and the Samuel Bronfman Department of Medicine at the Mount Sinai School of Medicine, New York City.

He is also Research Director of the Palliative Care Institute at Mount Sinai and former Director of the Mount Sinai Integrated Fellowship in Palliative Medicine. In addition, he is an attending physician on the Mount Sinai inpatient palliative care consult service.

Dr. Goldstein is also a clinician researcher at the James J. Peters Veterans Affairs Medical Center in the Bronx. His areas of interest include pain in older adults, the use of advanced technologies for patients near the end of life, proactive palliative care for patients with ventricular



Dr. Nathan E. Goldstein

assist devices, and physician-patient communication.

He is currently leading a six-center study of a program designed to improve physician-patient communication about deactivating implanted cardioverter defibrillators near the end of life. The five-year, randomized controlled trial is funded by the National Heart, Lung and Blood Institute of the National Institutes of Health.

Dr. Goldstein graduated magna cum laude with a B.A.

in biology from Carleton College in Northfield, Minnesota, where he was elected to Phi Beta Kappa. He earned his medical degree at the Mount Sinai School of Medicine, where he also did an internship and residency in internal medicine.

He subsequently served a health services research fellowship in the Robert Wood Johnson Clinical Scholarship Program at the Yale University School of Medicine. He then served a fellowship in geriatrics at Mount Sinai Medical Center and joined the faculty there in 2004.

Dr. Goldstein is a diplomate of the American Board of Internal Medicine and is board-certified in geriatric medicine and hospice and palliative medicine. He has published and lectured extensively and is a peer reviewer for several clinical journals. He has received numerous awards for his work.

