



**Eat healthy  
during Memorial Day  
weekend**

Choose baked meat over fried meat  
Avoid the added calories and fat from fried foods.

**Eat fruits and vegetables**

Veggies and fruits contain vitamins and nutrients that are important for healthy teeth and gums, skin, as well as maintaining normal blood pressure and protecting your body against infection.

**Go green, play a part in saving our planet.**

**Purchase a FREQUENT visits reward card with 10 coffee refills for the discounted price of \$8.50 and receive a free Dunkin Donuts stainless steel 16 oz travel mug to use for your refills. Once you redeem your 10 hot coffees continue to enjoy refills at a discount price of \$1.25 each for using your travel mug in the cafeteria**

**Catering Manager**  
Bill Ward X1252

**Executive Chef**  
Jerry D'Amico

**Retail Manager**  
Sheila Best



**New York Hospital Queens Cafeteria**  
Week of Monday, May 21, 2012

**Monday**

Soup:	Beef Barley Soup	\$1.35/1.70
	Baked Potato Soup	\$1.35/1.70
Grill:	Flank Steak with Onion Rings	\$4.09
Entree:	Savory Rotisserie Style Chicken	\$3.75
	Rosemary Roast Pork Loin	\$3.75
Deli:	Mediterranean Chicken	\$4.19

**Tuesday – Jump Asian Express**

Soup:	Mulligatawny Soup( w/ chicken & curry)–in season	\$1.35/1.70
	Italian Wedding Soup	\$1.35/1.70
Grill:	Grilled Eggplant Reuben	\$4.09
Entree:	Napa Valley Glazed Salmon	\$4.54
	Pomegranate Chicken with Roasted Potatoes	\$3.84
Deli:	Cape Codder Turkey Sandwich	\$4.19

**Wednesday – Caribbean Breakfast / Pizza Day**

Soup:	Potato, Leek & Cheddar Gratin .	\$1.35/1.70
	Jamaican Red Peas Soup	\$1.35/1.70
Grill	Patty Melt	\$4.09
Entree:	Curry Chicken	\$3.75
	Asian Flank Steak - in season	\$4.25
Deli:	Turkey, Ham & Swiss Sub	\$4.19

**Thursday – Memorial Day Kick-off Lunch**

Soup:	Turkey Rice Soup	\$1.35/1.70
	Cream of Tomato	\$1.35/1.70
Grill:	Bratwurst with Sautéed Peppers & Onion	\$4.09
Entree:	BBQ Pork Ribs	\$3.75
	Fried Chicken	\$3.75
Deli:	Vermont Lumberjack sandwich (w/ roast beef and Cheddar cheese)	\$4.19

**Friday**

Soup:	Lentil Soup	\$1.35/1.70
	New England Clam Chowder	\$1.35/1.70
Grill:	Crab Cake Sandwich	\$4.09
Entree:	Pot Roast	\$3.75
	Caribbean Chill and Grill Cod	\$4.34
Deli:	Italian Deli Wrap	\$4.19

**Saturday**

Soup:	Garden Vegetable Soup	\$1.35/1.70
Entree:	Beef Stew	\$3.75
	Pulled BBQ Chicken Sandwich	\$3.75

**Sunday**

Soup:	Tomato Florentine Soup	\$1.35/1.70
Entrée:	Baked Macaroni & Cheese	\$3.75
Entrée:	Fried Fish Sticks	\$3.99