New York Hospital Queens Cafeteria
Week of Monday December 17, 2012

Monday

Soup:	Beef Barley	$1.35/1.70
	Baked Potato	$1.35/1.70
Grill:	Steak Sandwich	$4.59
Entree:	Savory Rotisserie Style Chicken	$3.75
	Rosemary Roast Pork Loin	$3.75
Deli:	Mediterranean Chicken Sandwich	$4.59

Tuesday – **Asian Express**

Soup:	Vegetable Tortellini	$1.35/1.70
	Italian Wedding	$1.35/1.70
Grill:	Grilled Eggplant Reuben	$4.59
Entree:	Napa Valley Glazed Salmon	$4.54
	Spaghetti and Meatballs	$4.25
Deli:	Cape Codder Turkey Sandwich	$4.59

Wednesday – **Pizza Day**

Soup:	Potato, Leek & Cheddar Gratin	$1.35/1.70
	Creole Chicken Gumbo	$1.35/1.70
Grill	Patty Melt	$4.39
Entree:	Vegetable Lasagna	$3.75
	Hilachas (Shredded Beef Stew)	$3.75
Deli:	Turkey, Ham & Swiss Sub	$4.39

Thursday – **Taco Day**

Soup:	Turkey Rice	$1.35/1.70
	Tomato Florentine	$1.35/1.70
Grill:	Cheesy Ham, Bacon, Caramelized Onion	$4.39
Entree:	Chicken Breast Marsala	$3.84
	Hattie's Jambalaya	$3.75
Deli:	Vermont Lumberjack Sandwich	$4.39

Friday - **Sweet Friday**

Soup:	Lentil	$1.35/1.70
	New England Clam Chowder	$1.35/1.70
Grill:	Crab Cakes Sandwich	$4.39
Entree:	Pot Roast	$3.75
	Caribbean Grilled Cod	$4.34
Deli	Italian Deli Wrap	$4.39

Saturday

Soup:	Garden Vegetable	$1.35/1.70
Entree:	Beef Stew	$3.75
	BBQ Chicken	$3.75

Sunday

Soup:	Tomato Florentine	$1.35/1.70
Entrée:	Baked Macaroni & Cheese	$3.75
	Fried Fish Sticks	$ 3.99

Healthy Eating Away from Home

- Decide before you go out that you want a healthy meal
- Request low-fat preparations, such as:
  - Broiled without added butter Poached
  - Roasted
  - Steamed
  - Stir-fried with as little oil or butter as possible

Go green, play a part in saving our planet.
Purchase a FREEQUENT visits reward card with 10 coffee refills for the discounted price of $8.50 and receive a free Dunkin Donuts stainless steel 16 oz. travel mug to use for your refills. Once you redeem your 10 hot coffees continue to enjoy refills at a discount price of $1.25 each for using your travel mug in the cafeteria

Catering Manager
Jeanne Hughes

Executive Chef
Jerry D'Amico

Retail Manager
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