



Eat for a Greater Purpose

Choose foods that are associated with disease prevention:

- *Nuts and Fish for Omega3S
- *Whole grains and berries
- *Lean meats rich in vitamin B12

Nourish. Inspire. Flourish

Go green, play a part in saving our planet.

Purchase a FREQUENT visits reward card with 10 coffee refills for the discounted price of \$8.50 and receive a free Dunkin Donuts stainless steel 16 oz. travel mug to use for your refills. Once you redeem your 10 hot coffees continue to enjoy refills at a discount price of \$1.25 each for using your travel mug in the cafeteria

Catering Manager

Jeanne Hughes

Executive Chef

William Kelly

Retail Manager

Sheila Best

Ext. 1252



New York Hospital Queens Cafeteria

Week of Monday January 21, 2013

Monday Celebrating Martin Luther King, Jr. Day

Soup:	Beef Barley	\$1.69/\$1.99
Entree:	Savory Rotisserie Style Chicken	\$6.50
	Spaghetti and Meatballs	\$6.50

Tuesday – Asian Express

Soup:	Vegetable Tortellini	\$1.69/1.99
	Italian Wedding	\$1.69/\$1.99
Grill:	Grilled Eggplant Reuben	\$4.99
Entree:	Napa Valley Glazed Salmon	\$7.25
	Pomegranate Chicken w/ Roasted Potatoes	\$6.50
Deli:	Cape Codder Turkey Sandwich	\$4.99

Wednesday – Pizza Day

Soup:	Potato, Leek & Cheddar Gratin	\$1.69/1.99
	Homemade Chicken Soup	\$1.69/1.99
Grill	Patty Melt	\$4.99
Entree:	Vegetable Lasagna	\$6.00
	Hilachas (Shredded Beef Stew)	\$6.50
Deli:	Turkey, Ham & Swiss Sub	\$4.99

Thursday – Taco Day

Soup:	Turkey Rice	\$1.69/1.99
	Tomato Florentine	\$1.69/1.99
Grill:	Cilantro Pesto Chicken Sandwich <small>IN SEASON</small>	\$4.99
Entree:	Chicken Marsala	\$6.50
	Hattie’s Jambalaya	\$6.50
Deli:	Vermont Lumberjack Sandwich	\$4.99

Friday - Sweet Friday

Soup:	Lentil	\$1.69/\$1.99
	New England Clam Chowder	\$1.69/\$1.99
Grill:	Crab Cakes Sandwich	\$4.99
Entree:	Pot Roast	\$6.50
	Caribbean Grilled Cod	\$7.25
Deli	Grape & Walnut Tuna Baguette <small>IN SEASON</small>	\$6.50

Saturday

Soup:	Garden Vegetable	\$1.69/\$1.99
Entree:	Beef Stew	\$6.00
	BBQ Chicken	\$6.50

Sunday

Soup:	Tomato Florentine	\$1.69/\$1.99
Entrée:	Baked Macaroni & Cheese	\$6.00
	Fried Fish Sticks w/ Chips	\$6.50