

## Support Group for New Mom's

We would like to invite you to join us for a support group to help you through a very overwhelming time, being a new mom. It is a time to share our ideas and experiences together, offer support and receive support. You can bring all your questions that you have about baby, baby products or just adjusting to your new role as a mom.

Where: 2<sup>nd</sup> Floor Mother Baby Lounge

When: February 14th, February 28th, March 14th March 28th, April 11th and 25th

Time: 12:00pm-1:00pm

You are welcome to bring your baby, breastfeeding is welcomed. Refreshments will be served.

Please contact us with any questions or to reserve your spot at <a href="mailto:clnyhq@gmail.com">clnyhq@gmail.com</a> or 718-670-2920.

Look forward to seeing you there.

