



New York Hospital Queens Cafeteria
Week of Monday March 18, 2013

March is National
Nutrition Month

Healthy Snacking
is another a key
for good nutrition.

Nourish. Inspire. Flourish

Go green, play a part in saving our planet.
Purchase a FREQUENT visits reward card with 10 coffee refills for the discounted price of \$8.50 and receive a free Coffee stainless steel 16 oz. travel mug to use for your refills. Once you redeem your 10 hot coffees continue to enjoy refills at a discount price of \$1.25 each for using your travel mug in the cafeteria

Catering Manager
Jeanne Hughes

Executive Chef
Bill Ward

Retail Manager
Sheila Best
Ext. 1252



Monday Pasta Bar

Soup:	Garden Vegetable	\$1.69/\$1.99
	Beef Barley	\$1.69/\$1.99
Grill:	Spicy Buffalo Chicken Wrap	\$4.99
Entree:	Balsamic Grilled Steak	\$7.00
	Eggplant Lasagna	\$6.50
Deli:	Turkey, Ham, and Swiss Sub	\$4.99

Tuesday Asian Express

Soup:	Fire Roasted Corn	\$1.69/\$1.99
	Italian Wedding	\$1.69/\$1.99
Grill:	Patty Melt	\$4.99
Entree:	Salmon with Pineapple Chutney	\$7.25
	Baked Penne with Spinach	\$6.50
Deli:	Ham Wrap with Herb Mayonnaise	\$4.99

Wednesday Pizza Bar

Soups:	Potato Leek	\$1.69/\$1.99
	Chicken Noodle	\$1.69/\$1.99
Grill	Grilled Reuben	\$4.99
Entree:	Italian Meatloaf	\$6.50
	Mojito Chicken	\$6.50
Deli:	Santa Fe Chicken	\$4.99

Thursday Taco Bar

Soups:	Turkey Rice	\$1.69/\$1.99
	Two Mushroom Barley	\$1.69/\$1.99
Grill	Philly Cheesesteak	\$4.99
Entree:	Cuban Mojo Pork	\$6.50
	General Tso Chicken	\$6.50
Deli:	Roast Beef with Cheddar	\$4.99

Friday

Soups:	Lentil Soup	\$1.69/\$1.99
	Manhattan Chowder	\$1.69/\$1.99
Grill :	Fried Cod with Red Onion	\$4.99
Entrée	Chicken Cordon Bleu	\$6.50
	Quiche	\$5.00
Deli:	Raisin and Walnut Tuna	\$4.99

Saturday

Soup:	Garden Vegetable Soup	\$1.69/\$1.99
Entree:	Sweet n' Sour Chicken	\$6.50
	Vegetable Lasagna	\$6.50

Sunday

Soup:	Chicken Rice Soup	\$1.69/\$1.99
Entrée:	Baked Fish	\$7.25
	Stuffed Shells	\$6.50