A higher level of Orthopaedic and Rehabilitative care. Right here in Queens.



Department of Orthopaedics & Rehabilitation

The Orthopaedics Services of New York Hospital Queens

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Dear Colleagues:

As many of you are aware, a little over a year ago we set out to make major investments in our orthopeadics and rehabilitation medicine program. Our community needed greater access to cutting edge bone and joint treatment - closer to home. Our referring physicians needed more specialists for patients young and aging.

Together with the support of our community-based clinical colleagues, a tremendous amount of progress has been made. Today, there is no reason for a patient to leave Queens for even the most complicated orthopaedic procedure. And, there are many reasons to stay in Queens for care. Here, your patients can now have access to new techniques that often result in immediate relief from pain, less trauma to tissues and shorter recovery time.

Whether you have worked with New York Hospital Queens for many years, or are just getting to know us, I hope that you will find a brief update to be helpful.

New Procedures Available Right Here

We are committed to offering new orthopaedic procedures that are minimally invasive, allow shorter recovery times and can reduce the risk of infections and other complications. Many of these procedures are widely used in Europe, but are only offered at select hospitals in the United States.

The procedures include joint resurfacing, as an alternative to total knee or hip replacement, robotic and computer-assisted knee replacement and hip arthroscopy, a minimally invasive hip surgery. NYHQ is the only hospital in Long Island and Queens to offer knee joint resurfacing, which can provide an advantage for younger patients with arthritic problems and older active adults.

NYHQ is also leveraging newer techniques that can provide an effective alternative to traditional open surgery. One of the most exciting of these techniques is platelet-rich plasma (PRP) therapy. As you are aware, PRP therapy works by injecting a person's own plasma into an injury site to re-create and stimulate the body's natural healing process. The treatment has been shown to be effective and safe in treating stubborn injuries such as tennis elbow, Achilles tendonitis and knee tendonitis. NYHQ is one of the select hospitals in the country, and the only one in Queens, to offer this exciting new procedure.

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New Surgeons Join the Faculty

In order to increase access to specialized orthopaedics and rehabilitation care, we recently brought on two additional orthopaedic surgeons – they both perform a wide range of general procedures and are extremely well trained in the newest techniques.

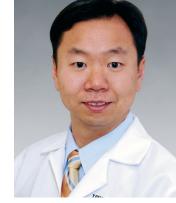


Alexander Golant, M.D.

1-866-670-OUCH.

Alexander Golant, M.D., is an attending orthopaedic surgeon. His fellowship training in sports medicine took place at Lenox Hill Hospital, New York, NY. He served as the chief resident in orthopaedic surgery at the New York University Hospital for Joint Diseases, and achieved his medical degree from the University of Pennsylvania School of Medicine in Philadelphia, PA. Dr. Golant is fluent in Russian.

Tony Quach, M.D., is an attending orthopaedic surgeon. He was fellowship trained in sports medicine at the UCLA Department of Sports Medicine, and completed a residency in orthopaedic surgery at New York University Hospital for Joint Diseases. Dr. Quach earned his medical degree from the University of Pennsylvania School of Medicine in Philadelphia. He is fluent in Chinese.



Tony Quach, M.D.

New Center for Orthopaedics and Rehabilitation Medicine

Please feel free to request a consultation on a patient case at any time or let us know if you'd like to discuss procedures that might be appropriate for one of your patients,

In September, we officially opened a new facility to increase community access. Inpatient procedures continue to be performed in the hospital. And, in the new 7,200 square-foot Center for Orthopaedics and Rehabilitation Medicine in Fresh Meadows we now manage all types of bone, joint and muscle care and pain issues. We offer injury prevention, diagnosis (with digital x-ray) and treatment services. A comprehensive physical therapy program and occupational services are available. Arthritis treatment includes a focus on rheumatology.

On a forward-looking note, in early 2010 we expect to launch a new vestibular service to diagnose and treat conditions involving balance and gait disorders. We accept most insurance plans, so if you refer a patient to us here, you can be confident that they can get the treatment you know that they need.

On January 11, 2010, from 5:00 - 7:00 p.m. we will host an open house at the Center. We hope that you can join us to tour the new facility, meet our growing faculty of specialists, and talk with us about how we can further support your practice and patients.

Sincerely,

Jeffrey Rosen, M.D.